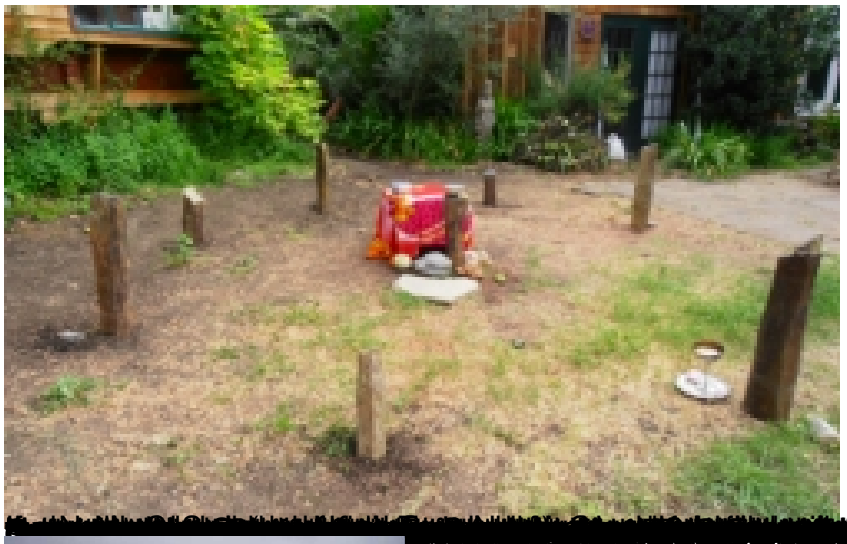


Building Your Own Faery-Ring Henge

In the film, Dancing With Gaia , Fred briefly describes laying out a sacred circle, or henge. Here's how to do it:

Choose a convenient place (such as your backyard) that will allow you to connect to and watch the heavenly bodies and the earth around you, as they change throughout the year. Find a space big enough for a large circle to be laid out on the ground. It should be in an area where you can go regularly, and ideally would be fairly open to the sky and horizon.

In the film, Fred says simply: "start out with a compass rose". This means using the directions indicated by a compass to give you North, East, South, and West. Using a magnetic compass can give you the direction of north, but it will differ by a number of degrees from true north, depending on where you are on the earth. To use one, place a standard compass at the center of your circle-to-be. Set this compass on the ground in the center, and push a straight wooden stake or staff into the ground right next to it. Magnetic north will be shown by the compass's red needle, or arrow. Put another stake in the ground out at the edge of the circle, directly where this arrow points, to the north of the center stake. This point will be Magnetic north. If you know the declination from magnetic north for your area, add or subtract the correct number of degrees to find true north.





Ferafeja Path Celebrate Wildness Magic Moth and Sun on the